



BUPA  
CROMWELL  
HOSPITAL



MENOPAUSE AND OSTEOPOROSIS SCREENING

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# TAKE CONTROL OF YOUR HEALTH

[bupacromwellhospital.com](http://bupacromwellhospital.com)

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As you go through different stages of life, it is important to look after yourself and review your overall health and wellbeing.

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## **Benefits of having a menopause and osteoporosis health assessment at Bupa Cromwell Hospital**

Located in Kensington, central London, Bupa Cromwell Hospital is a technologically advanced private hospital set in a discreet and comfortable setting.

We offer the expertise of highly qualified doctors and nurses supported by leading edge diagnostic equipment, all conveniently located in one place. The results of your health assessment are available within seven days, to give you peace of mind.

The menopause and osteoporosis health assessment programme includes:

- height and weight measurement
- body mass index (BMI)
- blood pressure measurement
- medical questionnaire covering family and gynaecological history
- bone density X-ray scan (DEXA) to assess the presence of osteoporosis, or a weakening of the bones due to hormone changes, particularly affecting women around and after menopause
- breast examination and instruction on self-examination for reassurance or to identify problems at an early stage
- digital mammogram
- cervical smear tests with HPV test and pelvic examination
- menopausal blood profile
- urine analysis
- follow-up medical report and recommendations including a referral for further examination or treatment if you need it, together with any advice on diet and other lifestyle considerations

You can also select optional tests such as an ovarian cancer (CA125) screen and breast ultrasound to create a bespoke health assessment that is personal to you.

## When will I get my results?

Mammogram results are available within 48 hours. We will give you your other results at your follow-up consultation within seven days.

## Paying for your assessment

If you are paying for your own treatment you can make an appointment with us straight away - you do not need to be referred by your GP.

**If you have private medical insurance**, your insurer **may** cover some aspects of treatment so check with them before making your appointment. If you are covered through your insurer, then you will need to be referred to us by your GP.



## In addition to women's wellness and osteoporosis screening, the hospital offers a range of screens and assessments such as:

- premium health assessments - male and female
- executive health assessments - male and female
- breast screening
- bowel cancer screening
- your own unique assessment programme

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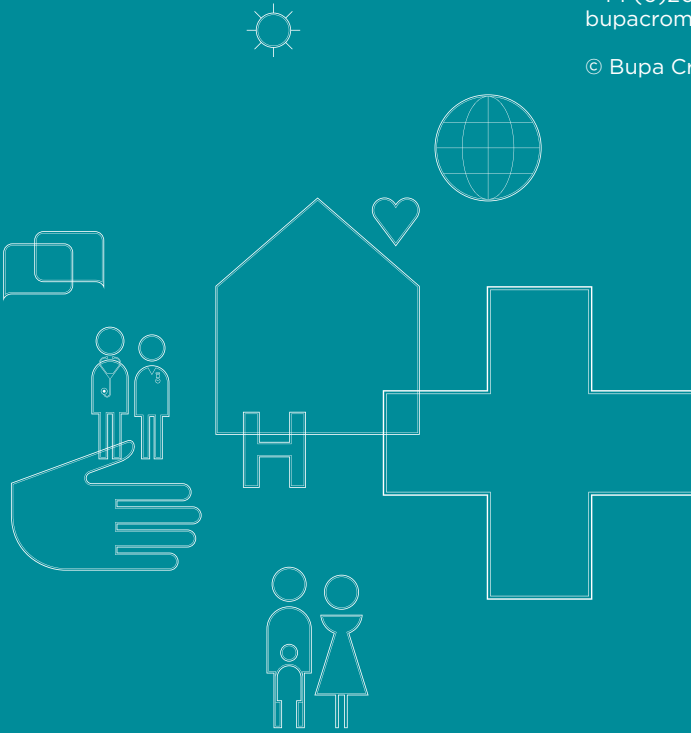
For appointments and further information regarding our menopause and osteoporosis health assessment programme, please contact the health screening service on +44 (0) 20 7460 5856.

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