Tilt table testing

Tilt table testing is used to help diagnose patients who have experienced unexplained episodes of fainting (syncope).

You will be asked to lie on a specially designed bed, which is then tilted from a horizontal position to an angle of sixty degrees (head up). Your heart rate, blood pressure and symptoms will be monitored throughout the process, to see how your body reacts to changes in position.

A tilt table test usually takes 1-2 hours to complete depending on how things progress. You may not show any symptoms of fainting straight away, so your doctor will work through a set of stages to get the answers needed in one visit wherever possible.

If you show no symptoms of fainting within the first twenty minutes, the doctor will use drugs to slow down your heart rate. If this does not work, an electric shock will be given to your heart to see if this brings back your awareness.

It is an outpatient procedure, so no overnight stay is necessary.

Why choose Bupa Cromwell Hospital for a tilt table test?

Tilt Table Testing is carried out in our dedicated Cardiac ward, ensuring that you are looked after to the highest standard.

You’ll be closely monitored by our highly trained staff to make sure you are comfortable throughout.

How do I pay for treatment?

We welcome both insured and self-pay patients. Our payments and finance team can help discuss options with you.

Read more about payment options

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We can take your call between 8am-8pm Monday to Friday, and between 8am-2pm Saturdays.

Let us call you back
Arrange for us to call you back at a more convenient time to discuss your needs.

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Send us an email enquiry and we will get back to you.