Tilt table testing

Tilt table testing is used to help diagnose patients who have experienced unexplained episodes of fainting (syncope).

You will be asked to lie on a specially designed bed, which is then tilted from a horizontal position to an angle of sixty degrees (head up). Your heart rate, blood pressure, and symptoms will be monitored throughout the process, to see how your body reacts to changes in position.

A tilt table test usually takes 1-2 hours to complete depending on how things progress. You may not show any symptoms of fainting straight away, so your doctor will work through a set of stages to get the answers needed in one visit where possible.

If you show no symptoms of fainting within the first stage, the test will be repeated with the bed tilted further. You will then receive a carotid sinus massage of the neck, and monitoring your heart rate will continue.

It is an outpatient procedure, so no overnight stay is necessary.

Why choose Bupa Cromwell Hospital for a Tilt Table Test?

Tilt Table Testing is carried out in our specialist heart centre. You will be closely monitored by our highly experienced and qualified staff.

How do I pay for treatment?

We welcome both insured and self-paying patients. You can find more information on payment options here.

- Read more about payment options

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