Intensive care unit

Seriously ill patients or those requiring specialised monitoring and treatment are cared for in our specially designed seven-bed, multi-purpose intensive care unit.

The adult Intensive Care Unit is led by a team of dedicated consultant intensivists. Registered medical officers work in the unit 24 hours a day and are specialised in either anaesthesia or intensive care medicine.

A skilled and experienced nursing team is on hand to support patients and their loved ones, with a nurse on duty to all critically ill patients 24 hours a day.

Our physiotherapists visit the unit four times a day to give individual assessment and treatment, with the aim of preventing complications such as pressure sores or infection. The physiotherapists also start physiotherapy early to help patients recover their function.

The pharmacist supplies the necessary drugs and treatments, while the dietitian provides a diet tailored to the individual patient’s needs.

A dietician coordinates with the nursing staff to ensure that the patient receives the appropriate nutrition.

Speech and language therapists work closely with the nursing team to help patients regain their ability to communicate.

Gifts

We understand that you may wish to bring items for patients in the unit, but please do not bring flowers or plants until the patient leaves intensive care.

Items you may like to bring could include photographs and cards from the family, music or voice recordings or personal toiletries.

Planned and unplanned admissions

Most admissions to the intensive care unit are planned, usually as part of a major surgery programme. There are other occasions when patients may need to be admitted if their condition changes, and they need closer monitoring. A patient will usually be discharged back to their room when they are able to breathe on their own, and require less intensive monitoring.

Related specialist consultants

Here is a list of specialist consultants related to this service/specialty. Please select a specialist to review their full profile. They are listed alphabetically by last name.

Alternatively you can search our complete list of specialist consultants.

- Dr Akash Deep
- Dr Deepak Nathwani
- Dr Tim Peters

Related services and specialties

- Nutrition and Dietetics