

You are here / Home / Services, specialties / Lymphoedema

## Lymphoedema Service

Lymphoedema is a swelling that occurs when the lymphatic system does not drain fluid properly. It can affect any part of the body but is most often seen in the arms or legs.

Lymphoedema management requires specialist intervention and our dedicated therapy staff provide a personalised care plan for each patient.

The innovative approach we take ensures we remain at the forefront of current developments in the management of lymphoedema. Bupa Cromwell Hospital invests heavily in modern technology and staff development to support a cutting edge and modern approach to treatment.

### Care for patients with lymphoedema

Our service supports and improves patient outcomes through:

- breast surgery
- the effects of cancer treatment
- surgery such as cosmetic or orthopaedic which may have affected the lymphatic system and bruising
- sports injury resulting in swelling

### Treatments available for lymphoedema

For the management of lymphoedema we offer:

- general education about the condition
- advice on skin care
- exercise
- manual lymphatic drainage and simple lymphatic drainage compression – garment fitting and bandaging
- manual therapy
- connective tissue mobilisation
- low level laser therapy

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[A-Z services and specialties](#)

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[Lung Centre](#)

[Lymphoedema](#)

[Neuroscience Centre](#)

[Orthopaedic Centre](#)

[Surgery](#)

[Weight management](#)

## Further Information

[Patient downloads](#)

## Make an appointment

8am-8pm Monday to Friday

8am-2pm Saturday

Call our Contact Centre on

**+44 (0)20 7460 5700**

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## International Patient Centre

مركز المرضى الوافدين من الخارج

Centre International des patients

Διεθνές Κέντρο Ασθενών

Международный медицинский центр

центр

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### Related downloads

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Lymphoedema - a patients guide [pdf / 125KB]

### Bupa's health information

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For more information on these conditions, treatments and maintaining a healthy lifestyle please select a subject of interest to you. This information will open in a new window.

- [Lymph node removal \(lymphadenectomy\)](#)



### Call the Contact Centre on +44 (0)20 7460 5700

We can take your call between 8am-8pm Monday to Friday, and between 8am-2pm Saturdays.



### Let us call you back

Arrange for us to call you back at a more convenient time to discuss your needs.



### Email the Contact Centre

Send us an email enquiry and we will get back to you.

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- Events for the Public

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- Videos of our health professionals
- For General Practitioners
- Doctor's Library
- Practice privileges
- Applications access for Health Professionals

#### Services and specialties

- A-Z services and specialties
- Cancer Centre
- Children's Centre
- Diagnostic services
- Endocrine Centre
- Heart Centre
- Liver and Gastrointestinal Centre
- Lung Centre
- Neuroscience Centre
- Orthopaedic Centre
- Surgery
- Weight management

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- About our hospital
- Latest hospital news
- Hospital Reception in 3D

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- UK corporate health
- Overseas evacuations

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- Financial information
- Careers
- Media centre
- Contact Bupa

