Extracorporeal Shockwave Lithotripsy and Extracorporeal Shockwave Therapy

The London Lithotripter Centre at Bupa Cromwell Hospital provides Extracorporeal Shockwave Lithotripsy (ESWL) and Extracorporeal Shockwave Therapy (ESWT) to treat a number of conditions.

These include:
- Kidney stones
- Soft tissue conditions such as tennis elbow, plantar fasciitis, and other resistant tendinopathy
- Erectile dysfunction
- Peyronie’s disease

Our specialist team uses state-of-the-art facilities in a comfortable environment.

Extracorporeal Shockwave

ESWL or Lithotripsy is the breaking of a kidney stone into small pieces by the use of ultrasound and X-rays. The small pieces are then eliminated through the urinary tract.

Lithotripsy is usually delivered within 30 to 45 minutes over a period of 30 seconds.

Extracorporeal Shockwave Therapy

ESWT can be used to treat a number of conditions including chronic pain, tendinopathy, and tendon injuries. It is a non-invasive treatment with surgery and recovery. ESWT is a non-invasive treatment which is clinically proven to have a positive effect on chronic conditions such as tennis elbow, plantar fasciitis, and other resistant tendinopathy. The therapy is delivered through shockwaves focused on the affected area. These shockwaves pass through the tissue without causing damage and create an environment that increases blood flow to an affected area. This increased blood flow supports and accelerates the body’s natural healing properties.

ESWT is normally delivered over 3 sessions, each session lasts approximately 20-30 minutes. The treatment is relatively painless.

Why choose Bupa Cromwell Hospital for ESWL and ESWT treatment?

Our experienced team has access to the latest equipment and diagnostics to ensure that you will receive the best possible care in welcoming and comfortable surroundings.

- Download our patient information leaflet (pdf)

How do I pay for treatment?

We welcome both insured and self-pay patients as well as company and embassy sponsored patients.

Once we have received a referral from your consultant or GP, a member of our clinical team will contact you to discuss the treatment and arrange a convenient time for you to attend the hospital for an appointment.

- See more about paying for treatment
- Download the referral form for health professionals (pdf)
Related specialist consultants
Here is a list of specialist consultants related to this service / specialty. Please select a specialist to review their full profile. They are listed alphabetically by last name.
Alternatively you can search our complete list of specialist consultants.

- Mr Michael Dinneen
- Mr Malachy Gleeson
- Miss Jean McDonald
- Mr Asif Raza

Related services and specialties
- Urology

Related downloads
Referral Request Form for Lithotripsy (ESWL Urology) [pdf / 73KB]
Bupa Cromwell Hospital Lithotripsy Patient Information Leaflet [PDF / 241KB]

Bupa's health information
For more information on these conditions, treatments and maintaining a healthy lifestyle please select a subject of interest to you. This information will open in a new window.
- Extracorporeal shock-wave lithotripsy (ESWL)
- About kidney stones

Contact us
The Lithotripsy clinic is open from 9am to 5pm on Tuesday, Thursday and Friday. To refer a patient or make a booking:

Call the Business Office on 020 7244 4809
Email business.office@cromwellhospital.com.
The office is open from 9am - 6pm Monday to Friday