Extracorporeal Shockwave Lithotripsy and Extracorporeal Shockwave Therapy

The London Lithotripter Centre at Bupa Cromwell Hospital provides Extracorporeal Shockwave Lithotripsy (ESWL) and Extracorporeal Shockwave Therapy (ESWT) to treat a number of conditions.

These include:
- Kidney stones
- Soft tissue conditions such as tennis elbow, plantar fasciitis and other resistant tendinopathy
- Erectile dysfunction
- Peyronie’s disease

Our specialist team uses state-of-the-art equipment in a comfortable environment.

Extracorporeal Shockwave Lithotripsy

ESWL or Lithotripsy is the breaking up of the stone by the use of ultrasound and X-rays. The procedure involves passing the kidney stone to a fine gravel which is easily passed through the bladder.

Lithotripsy is usually delivered within 30 minutes, with the patient sitting or lying on a comfortable couch.

Extracorporeal Shockwave Therapy

ESWT can be used to treat a number of conditions with a non-invasive and complementary treatment with surgery to treat kidney stones. ESWT is a non-invasive treatment which is clinically proven to have a positive effect on chronic conditions such as tennis elbow, plantar fasciitis and other resistant tendinopathy. The therapy is delivered through shockwaves focused on the affected area. These shockwaves pass through the tissue without causing damage and create an environment that increases blood flow to an affected area. This increased blood flow supports and accelerates the body’s natural healing properties.

ESWT is normally delivered over 3 sessions, each session lasts approximately 20 - 30 minutes. The treatment is relatively painless.

Why choose Bupa Cromwell Hospital for ESWL and ESWT treatment?

Our experienced team has access to the latest equipment and diagnostics to ensure that you will receive the best possible care in welcoming and comfortable surroundings.

Download our patient information leaflet (pdf)

How do I pay for treatment?

We welcome both insured and self-pay patients as well as company and embassy sponsored patients.

Once we have received a referral from your consultant or GP, a member of our clinical team will contact you to discuss the treatment and arrange a convenient time for you to attend the hospital for an appointment.

See more about paying for treatment

Download the referral form for health professionals (pdf)
Related specialist consultants

Here is a list of specialist consultants related to this service / specialty. Please select a specialist to review their full profile. They are listed alphabetically by last name.

Alternatively you can search our complete list of specialist consultants.

• Mr Michael Dinneen
• Mr Malachy Gleeson
• Miss Jean McDonald
• Mr Asif Raza

Related services and specialties

• Urology

Related downloads

Referral Request Form for Lithotripsy (ESWL Urology) [pdf / 53KB]
Referral Request Form for Lithotripsy (ESWL Urology)

Bupa Cromwell Hospital Lithotripsy Patient Information Leaflet [PDF / 241KB]

Bupa’s health information

For more information on these conditions, treatments and maintaining a healthy lifestyle please select a subject of interest to you. This information will open in a new window.

• Extracorporeal shock-wave lithotripsy (ESWL)
• About kidney stones

Contact us

The Lithotripsy clinic is open from 9am to 5pm on Tuesday, Thursday and Friday. To refer a patient or make a booking:

Call the Business Office on 020 7244 4889

Email business.office@cromwellhospital.com.

The office is open from 8am - 8pm Monday to Friday.